

## Community Supported Agriculture (CSA) Food Access Program



NeighborHealth's CSA partners with **Farmer Dave's**, a produce farm in Dracut, MA, to provide locally grown produce directly from the farm to you. CSA members sign up to purchase a "share" of the farmer's harvest and in exchange receive **a weekly or biweekly box of freshly harvested, seasonal produce** from the farm.

Farmer Dave's



## How Does Our CSA Work?

When you become a CSA member, you are agreeing to receive a **variety of produce** that the farm harvests during the growing season. While you can't choose exactly what produce you receive each week, **you CAN choose:**

- Your CSA **season**
- Your box **size & price**
- Weekly or biweekly **pick-up**
- A **payment schedule** that works for you

## What Are My Payment Options?

1. Sign up for a **weekly or biweekly payment plan**, or
  2. **Pay in full** at the start of the season
- **Have SNAP?** You can use **Healthy Incentives Program (HIP)** benefits to pay for your CSA box! All SNAP customers have **at least \$40** in monthly HIP benefits to purchase produce from local farms!
  - Everyone deserves access to nutritious food. We also offer **income-based discounts** to those who qualify! Contact us for more information.

## How to Sign Up

- 1 Review season and price options in the Season Information guide below
- 2 Scan QR code below to complete the application or call for assistance
- 3 Contact the Food Access Coordinator to pay a deposit and secure your CSA

Scan to  
apply!



## Pick Up Schedule

**Thursdays, 2:00 - 6:00 pm**  
(Wednesdays in January & February only)  
**151 Orleans Street, East Boston**

## Contact Information

Food Access Coordinator  
**Kelsey Briggs**  
**(617) 981-3463**  
**briggsk@neighborhealth.com**

# Season Information Guide 2026

## Winter (January – February)

### Biweekly box for 4 weeks

Winter root vegetables, greens, apples, squash, onions and more



Size	Description	Weekly Price	Full Season Price
Mini	Small vegetable box, feeds 1-2 on average	\$20	\$80
Regular	Large vegetable box, feeds 3-5 on average	\$70	\$280
Field & Market (biweekly only)	5-7 produce items, 2-4 items from farm kitchen like baked goods, pickles, and sauces	\$75	\$300

## Spring (March – June)

### Weekly box for 14 weeks

### (or biweekly box for 7 weeks)

Fresh baby greens, potatoes, carrots, beets, celeriac, apples, radish, herbs and more.



Size	Description	Weekly Price	Full Season Price
Mini	Small vegetable box, feeds 1-2 on average	\$20	\$280
Small	Medium vegetable box, feeds 2-4 on average	\$49.64	\$695
Field & Market (biweekly only)	5-7 produce items, 2-4 items from farm kitchen like baked goods, pickles, and sauces	\$50	\$350

# Season Information Guide 2026

## Summer (June – October)

### Weekly box for 20 weeks (or biweekly box for 10 weeks)

Lettuce, spinach, beets, peppers, sweet corn, eggplant, zucchini, tomatoes, cucumbers, herbs and much more peak summer produce.

Size	Description	Weekly Price	Total Price
Mini	Small vegetable box, feeds 1-2 on average	\$20	\$400
Small	Medium vegetable box, feeds 2-4 on average	\$34.75	\$695
Regular	Large vegetable box, feeds 3-5 on average	\$44.75	\$895
Fruit	Variety of seasonal fruits, feeds 2-4 on average	\$29	\$580
Field & Market (biweekly only)	5-7 produce items, 2-4 items from farm kitchen like baked goods, pickles, and sauces	\$50	\$500

## Late Fall (October – December)

### Weekly box for 7 weeks (or biweekly box for 3 or 4 weeks)

Brussel sprouts, cabbage, broccoli, potatoes, carrots, beets, onions, leeks, winter greens, apples and more.



Size	Description	Weekly Price	Total Price
Mini	Small vegetable box, feeds 1-2 on average	\$20	\$140
Small	Medium vegetable box, feeds 2-4 on average	\$52.14	\$365
Regular	Large vegetable box, feeds 3-5 on average	\$67.85	\$475