

# WHAT YOU NEED TO KNOW ABOUT MONKEYPOX

Currently there is an outbreak of monkeypox in Massachusetts. Monkeypox is a rare viral infection that anyone can get and spread to others once symptoms start. There is a vaccine for monkeypox and infection is preventable.

## HOW IT SPREADS

- ✓ Intimate skin-to-skin or skin-to-mouth contact with a monkeypox rash, sores, or scabs
- ✓ Prolonged contact with clothing, bedding, or surfaces used by someone with monkeypox
- ✓ Sexual contact
- ✓ Hugging, massaging, or kissing

People with monkeypox are contagious from the beginning of symptoms until the rash and sores have healed and disappeared.

## HELP STOP THE SPREAD

Monkeypox vaccination is available now to everyone who:

Age 18 years+

Lives, works, or studies in Massachusetts

Meets the CDC's current eligibility criteria:  
[bit.ly/MonkeypoxVax](https://bit.ly/MonkeypoxVax)

Call to schedule your appointment to be vaccinated: 617-568-4500



**EAST BOSTON  
NEIGHBORHOOD  
HEALTH CENTER**

## WHAT ARE THE SYMPTOMS?



**RASH**



**HEADACHE**



**BACKACHE**



**CHILLS**



**FEVER**



**EXHAUSTION**



**MUSCLE ACHES**

To learn more about monkeypox visit [ebnhc.org](https://ebnhc.org) or [mass.gov/monkeypox](https://mass.gov/monkeypox)